

**Inspirational people**

Marcus Rashford – racism  
school value – kind

Emmeline Pankhurst – women's rights  
school value - brave

**Personal Development – Cavendish Curriculum Long Term Plan****Autumn 1****Theme – Being a good friend**

Protected Characteristics

Inspirational people

EDB

The Story Project

Assemblies

Picture News

Pol'Ed resources

MHST sessions

	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Week 7	Week 8
Monday PD assemblies		<b>Launch assembly</b> 'The Story Project'	<b>OPAL assembly</b> Reminders, pupil roles, staff roles, safety, risk assessments, new equipment	<b>Discrimination</b> & different forms. Introduce Marcus Rashford as a key person who has faced adversity	<b>Love of reading</b> 'Spotlight Author'	<b>Pupil roles</b> <i>British Value</i> Democracy in school	<b>Bonfire Night</b> (Supplementary visit Bonfire night talk UKS2 17/10/25)	<b>Conflict resolution</b>
Cavendish Curriculum Sessions	Friendship Themed Week Kind – School value	<b><u>What is bullying?</u></b> Different types of bullying What is the difference between bullying and a fall out with friends? What should you do if you feel like you are being bullied or see someone being bullied?  <b><u>Into KS2</u></b> What someone experiencing bullying may present like? The impact on mental health, attendance, self-esteem, friendships etc.	<b><u>Speak out – Say something</u></b> The importance of speaking out when you see something. Reminder of the 2 minutes of your time cards  <b><u>KS1</u></b> – Scenarios, when is it appropriate to seek help.  <b><u>KS2</u></b> Bystander Behaviour and scenarios.	Racism as a form of discrimination, how it presents, where (in the sporting field etc) through music,  Show racism the red card website to supplement.	<b><u>Marcus Rashford</u></b> Pupils to learn about him and his fight against racism  <b><u>Age and stage appropriate</u></b>	Taught through – introduce story of <b>Emmeline Pankhurst</b> (Democracy/Brave)  Discussion of protected characteristics and what they mean. Refer to posters  KS1 – We are all unique. What makes you special?  KS2 – Discrimination scenario cards Pupils apply and votes for roles  <i>Enrichment – NSPCC Kindness challenge 6/10/25</i>	Beginning early due to community issues  Firework Safety for all.  <b><u>KS1/LKS2</u></b> School value 'Safe'  <b><u>UKS2</u></b> School value 'Respect' Impact of hoax calls, danger facing the emergency services, families of workers.	<b><u>Safe relationships</u></b> Linked to Eccleshill data and incidents of sexualised behaviour. Pol'Ed lessons  <b><u>KS1</u></b> Why are safe hands important?  <b><u>Year 3</u></b> – How can I share my worries (imbalance of power)  <b><u>Year 4</u></b> - What do I mean by consent in friendships?  <b><u>Year 5</u></b> – What is grooming?  <b><u>Year 6</u></b> - What is spiking?

**Safeguarding questions of the week**

Safeguarding Qs of the week	KS1 / LKS2 - What is bullying?	KS1 / LKS2 – What does it mean to be a bystander?	KS1 - What is racism	KS1 / LKS2 – What is a hate crime?	KS1 – What are the British values	KS1 – How do we celebrate bonfire night safely?	KS1 – Why are safe hands important?
	KS2 - What is the impact of bullying?	UKS2 – How can a bystander become an upstander?	LKS2 – What is racism and how does it feel?  UKS2 – How can we challenge racism?	UKS2 – What is the law around hate crime?	LKS2 – What are the 5 British values  UKS2 – What are the 5 British values and how do we uphold them in society today?	LKS2 – What are the dangers and how do we keep safe on Bonfire night?  UKS2 – What can be the impact of anti-social behaviour on and around bonfire night?	LKS2 / UKS2 - When does a friendship become unhealthy?

Children’s mental health day – February 2026

Refugees – 20<sup>th</sup> June – inspirational people – supplementary materials – Rachel’s poem (backwards)