

# **Play Policy**

Date of Issue	Review Date	Date Ratified by Governing Body
March 2025	March 2028	March 2025

# **Cavendish Play Policy**

### Commitment

Our school undertakes to refer to this play policy in all decisions that affect children's play. Our school is committed to providing the strategic and operational leadership needed to provide and maintain quality play provision for all of our children.

#### Rationale

Our school believes that all children need opportunities to play that allow them to explore, manipulate, experience and affect their environment. We believe play provision should be welcoming and accessible to every child, irrespective of gender, sexual orientation, economic or social circumstances, ethnic or cultural background or origin, or individual abilities.

The OPAL Primary Programme rationale is that ".....better, more active and creative playtimes can mean happier and healthier children, and having happier, healthier, more active children usually results in a more positive attitude to learning in school, with more effective classroom lessons, less staff time spent resolving unnecessary behavioural problems, fewer playtime accidents, happier staff and a healthier attitude to life."

At Cavendish Primary School, we ensure that our values are promoted throughout the school day, with playtime being an important opportunity for pupils to both practise and demonstrate their abilities to be; resilient, kind, determined, safe, brave, positive, respectful, curious and aspirational.

## **Definition and value of play**

Play is defined as a process that is intrinsically motivated, directed by the child and freely chosen by the child. Play has its own value and provides its own purpose. It may or may not involve equipment or other people.

We believe play has the following benefits:

- Play is critical to children's health and wellbeing and essential for their physical, emotional, social, spiritual and intellectual development.
- Play enables children to explore the physical and social environment, as well as different concepts and ideas.
- Play enhances children's self-esteem and their understanding of others through freely chosen social interactions within peer groups, with individuals, and within groups of different ages, abilities, interests, genders, ethnicities and cultures.
- Play requires ongoing communication and negotiation skills, enabling children to develop a balance between their right to act freely and their responsibilities to others.
- Play enables children to experience a wide range of emotions and develop their ability to cope with these, including sadness and happiness, rejection and acceptance, frustration and achievement, boredom and fascination, fear and confidence, winning and losing.
- Play encourages self-confidence and the ability to make choices, problem solve and to be creative.
- Play maintains children's openness to learning, develops their capabilities and allows them to push the boundaries of what they can achieve.

### Aims

In relation to play, our school aims to:

- Allow children to take risks and use a common-sense approach to the management of these risks and their benefits.
- Provide opportunities for children to develop their relationships with each other.
- Enable children to develop respect for their surroundings and each other.
- Aid children's physical, emotional, social, spiritual and intellectual development.
- Provide a range of environments that will encourage children to explore and play imaginatively.
- Provide a range of environments that will support children's learning across the curriculum and learning about the world around them.
- Promote independence and teamwork within children.
- Build emotional and physical resilience.
- Listen to feedback from parents and staff and offer pupils with the
- Provide opportunities for play without the restrictions and worries that parents now face in today's society.

# **Rights**

Our school recognises the UN Convention on the Rights of the Child, which includes the right to play, recreation and leisure (Article 31) and the right of children to be listened to on matters important to them (Article 12). We acknowledge that we have a duty to take these rights seriously and listen to children's views on their play.

### Benefit and risk

The school will use the Health and Safety Executive guidance document *Children's Play and Leisure* – *Promoting a Balanced Approach (Appendix A)* as the principal value statement informing its approach to managing risk in play. In doing so, the school will adopt a risk-benefit approach as detailed in *Managing Risk in Play Provision: An Implementation Guide (Appendix B)* 

Risk-taking is an essential feature of play provision and of all environments in which children legitimately spend time at play. Play provision aims to offer children the chance to encounter acceptable risks as part of a stimulating, challenging and managed play environment. In addition to standard risk-benefit assessments the school will practice dynamic risk management with children, encouraging them to identify and manage risks in an environment where adults are present to support them.

## The adult's role in play

The school will help children maximise the benefits they gain from play by the provision of trained staff who are informed by and work in accordance with the Playwork Principles. Staff will use and refer to these principles when appropriate interventions are needed and ultimately will strive for facilitating an environment that nurtures children's self-directed play.

The playworker's core function is to create an environment that will stimulate children's play and maximise their opportunities for a wide range of play experiences. *Playwork Principles (Appendix C)* 

## **Environment**

We believe that a rich play setting should ensure that all children have access to stimulating environments that are free from unacceptable or unnecessary risks and thereby offer children the opportunity to explore for themselves through their freely chosen play.

At Cavendish Primary, we will strive to continually improve the quality and diversity of our school's grounds to enhance play. We will encourage pupils to care for the environment and work together to protect the resources provided and work as a team to help support in setting up and clearing away.

Different areas are available for those pupils who wish to spend some quiet time both outside and inside the building.

## **Pupil Roles**

At the start of the Academic year, pupils apply for the role of 'Playground Ambassador', stating the skills they could bring to the role. They work as a team to support in maintaining resources, keeping the environment clear and making suggestions for different activities. They also work alongside the Play Team to learn about identifying hazards and areas of concern.