

**Cavendish Primary School
PE Long Term Plan**



All PE lessons must:

- Cater for every pupil's ability and use differentiation as a tool to support additional needs.
- Follow the Federation's positive behaviour policy to ensure lessons are supportive and inclusive.
- Involve an evaluation / comparison of their performance, through either peer or self-assessment.
- Include the opportunity for pupils to build on and improve their performance; particularly in Dance, Gymnastics & Athletics.

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
REC	Me and Myself	Movement Development	Create Your Own Dance (Chinese Dragon)	Dance	Throwing and Catching	Fun and Games
1	Gymnastics	Dance	Football (Invasion Games)	Multi-Skills (Sports UK festival)	Rounders (Striking & Fielding)	Athletics
2	Invasion Games (Football)	Dance	Multi-Skills (Sports UK festival)	Gymnastics	Cricket (Striking & Fielding)	Athletics
3	Dodgeball Gymnastics	Golf (Striking & Fielding) Sports UK festival Dance	Cricket (Striking & Fielding) Hockey (Invasion Games)	Handball (Invasion Games) Badminton (Net & Wall Games)	Athletics OAA	Rounders (Striking & Fielding) Football (Invasion Games)
4	Badminton (Net & Wall Games) Hockey (Invasion Games)	Golf (Striking & Fielding) Dance	Gymnastics Tennis (Net & Wall Games)	Basketball (Invasion Games) Dodgeball	Rounders (Striking & Fielding) OAA Tag Rugby (Invasion Games)	Athletics Cricket (Striking & Fielding) Sports UK Festival
5	Badminton (Net & Wall Games) Rounders Swimming	Tennis (Net & Wall Games) Dance Swimming	Gymnastics Dodgeball Swimming	Cricket (Striking & Fielding) Dance Swimming	Netball (Invasion Games) Sports UK festival Dodgeball Swimming	Athletics OAA Rounders Swimming
6	Ultimate Frisbee (Invasion Games) Sports UK festival Gymnastics	Dance Table Tennis (Net & Wall Games)	Badminton (Net & Wall Games) Dodgeball (Net & Wall Games)	Basketball (Invasion Games) Cricket (Striking & Fielding)	Athletics OAA	Rounders (Striking & Fielding) Tag Rugby (Invasion Games)